

Daily Learning Planner

*Ideas parents can use to help children
do well in school.*

Transylvania County Schools
Title I Program

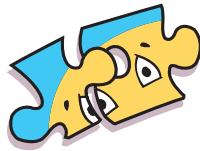


THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Set aside some time this month to do something with your child that you enjoyed at his age.
- 2. Start a family library. Give your child her own shelf or bookcase.
- 3. Play Concentration with fractions. Try to make pairs of equivalent fractions— $1/2$ and $2/4$, $3/5$ and $6/10$ and so on.
- 4. Ask your child what changes he'd make if he ran for a political office.
- 5. Have everyone bring an interesting science fact to share at dinner.
- 6. It's the birthday of James Naismith, inventor of basketball. Ask your child about her favorite sport.
- 7. Hug your child, for no reason other than that you love him.
- 8. Let your child plan dinner tonight. Can she include all the food groups?
- 9. Have a reading dinner. Let everyone bring a book to read. Talk about them at the table.
- 10. Squash is a native American food. When you're in the grocery store, choose a new squash for your family to try.
- 11. Put together a puzzle with your child.
- 12. Ask your child to imagine life 150 years ago. How about 150 years in the future?
- 13. Make a list of all the things that make your family members thankful.
- 14. Today is the birthday of Claude Monet, a French artist. Paint a picture with your child.
- 15. If your child is just learning to read, look for "read-along" audio books.
- 16. Today is International Day for Tolerance. Talk with your child about respecting the beliefs of others.
- 17. Each week, help your child look up five new words he hears on TV.
- 18. Encourage your child to sort her books by subject.
- 19. Sometimes, you have to give your child a dose of Vitamin NO. It can teach him to handle setbacks.
- 20. Have a "silent supper." At dessert, share what you each thought about.
- 21. Visit the library and have your child check out a book about a hobby.
- 22. It's National Game and Puzzle Week. Turn off the TV and play a game with your child.
- 23. Teach your child ways to handle stress—exercising, getting enough sleep, talking about problems.
- 24. What's the average age of members of your family? Help your child add up ages and divide by the number of family members to find out.
- 25. Create an art gallery. Display your child's artwork in inexpensive frames. Rotate paintings frequently.
- 26. Play charades with your child. Use hand gestures to act out your word.
- 27. Have your child write new or difficult words on index cards. Encourage her to review them regularly until she can read and spell them.
- 28. Clean out closets with your child. Donate items you no longer need to charity—or have a family yard sale.
- 29. When you watch TV with your child, ask questions: "Why did that person do that?" "Would you do that?"
- 30. It's Mark Twain's birthday. Read one of his short stories to your child.



Helping Children Learn
TIPS FAMILIES CAN USE TO HELP CHILDREN DO BETTER IN SCHOOL

