

# Daily Learning Planner

*Ideas parents can use to help children  
do well in school.*

Transylvania County Schools  
Title I Program



THE  
**PARENT**  
INSTITUTE®

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## Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Teach your child how to prepare nutritious after-school snacks.
- 2. Build math skills with a family game night. Play a board game that teaches counting and strategy.
- 3. Role-play a sticky situation with your child. What would he do if his friends were teasing someone at school?
- 4. It's National Weather Observer's Day. Have your child make a chart to keep track of the weather.
- 5. Good report card? High grade on a test? Make your achiever "King or Queen for a Day."
- 6. Change chairs at mealtime. Each person pretend to be the person who usually sits in that chair.
- 7. Give your child an allowance. Discuss what she can use it for: buying things, saving and giving to charity.
- 8. Take an early morning walk with your child. Look for signs of spring.
- 9. Give your child some string and a button. Have him thread the string through the button holes and make the button spin.
- 10. Create a family joke book. Have your child write one or two jokes per page, then staple the pages together.
- 11. Time different things you and your child do in a day.
- 12. Have each family member make a list of their strengths. Read them aloud. Add to one another's lists.
- 13. Look through the newspaper with your child. What headlines interest her? Read an article together and discuss it.
- 14. Tonight, let your child stay up later to read.
- 15. Celebrate National Bike Month by having your child review the "rules of the road."



- 16. Have your child make a portrait collage. Cut out pictures of facial features from magazines.
- 17. Make up a song featuring your child's name.
- 18. Start a list of places your family would like to visit. Help your child go online to find information about these places.
- 19. Tell your child that you love him.
- 20. Talk with your child about your family's origins.
- 21. Challenge your child to fold a piece of paper into a usable drinking cup.
- 22. Take your child out for breakfast or serve something special at home.
- 23. With your child, glue craft sticks together to make a frame. Let her decorate it with buttons.
- 24. Together, watch and learn about a sport today.
- 25. Ask your child to choose a country and learn more about it.
- 26. With your child, enjoy an imaginary trip to another planet. Write a story together about your adventure.
- 27. Give your child five pipe cleaners. Challenge him to create an animal.
- 28. Keep a large basket as home base for library books.
- 29. How many types of punctuation can your child find today?
- 30. Have a No-TV Night. Listen to different kinds of music instead.
- 31. Together, read a book about your town or state.

**Helping Children Learn**  
TIPS FAMILIES CAN USE TO HELP CHILDREN DO BETTER IN SCHOOL

