

Daily Learning Planner

*Ideas parents can use to help children
do well in school*

Transylvania County Schools
Title I Program



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Make an appointment to meet your child's teacher this month.
- 2. A planning calendar is a key to organization. Buy or make one with your child. Use stickers to mark important dates.
- 3. Read a story from the newspaper with your child today.
- 4. Play a game of Guess That Number. Ask your child, "How many cookies in the package? How many chips in the bag?"
- 5. Set a regular time for homework this school year. Find the time that works best for your child.
- 6. Make sure you and your child know the school rules. Ask for a list of rules and post them on your refrigerator.
- 7. Provide a regular place to display your child's best schoolwork. Change the display often.
- 8. Does your child know your state bird? If not, help her look it up.
- 9. At dinner, have each family member share the week's experiences.
- 10. Think about your rules for your child. Are they age-appropriate?
- 11. Make sure your child has access to basic reference books when he studies—dictionary, thesaurus, atlas.
- 12. Cut out pictures of people from a newspaper or magazine. Have your child make up a story about each person.
- 13. Challenge your child to think of words that have both a *prefix* and a *suffix*, such as *unbelievable*.
- 14. Turn off the TV this evening! Read or play games instead.
- 15. Help your child write a list of her favorite animals. Talk about what makes each animal special.
- 16. With your child, cover shoe boxes with colored paper to create a mailbox for each family member.
- 17. Today is Constitution Day and Citizenship Day. Discuss what being a good citizen means in your family, in school and in the community.
- 18. Talk with your child about a choice you made and its consequences.
- 19. Give your child a whistle to blow if he is in danger. Warn him to blow it only when there is danger.
- 20. Keep a special basket as a home base for library books.
- 21. Watch a sports event on TV with your child. Talk together about what you see and hear.
- 22. Review homework each day. Is it complete? Give compliments.
- 23. Help your child plan ahead. Tonight, talk about the coming week.
- 24. Have your child set a weekly goal. Write it down.
- 25. A nutritious breakfast helps kids learn. Make sure your child starts the day with a healthy breakfast at home or at school.
- 26. Each week, give your child a small number of tickets, each worth 30 minutes of TV time. Unused tickets may be cashed in for treats.
- 27. Does your child know how many days each month has? Teach her.
- 28. Tell your child you love him.
- 29. With your child, make and enjoy a healthy snack.
- 30. At dinner, ask family members to say how they used math today.

Helping Children Learn
TIPS Families Can Use to Help Children Do Better in School

