

Daily Learning Planner

*Ideas parents can use to help children
do well in school*

Transylvania County Schools
Title I Program



THE
PARENT
INSTITUTE®

December 2017

Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Cut out pictures of people from a newspaper. Ask your child to make up a story about each picture.
- 2. Visit the library with your child. Check out a book about science.
- 3. Post a list on your refrigerator of contact numbers your child should call in an emergency. Role-play what to say.
- 4. Have a contest with your child. Who can name the most parts of the body? (Organs count, too.)
- 5. At breakfast, find an interesting word in the dictionary. Challenge family members to use it three times during the day.
- 6. Save the seeds from a fruit you've eaten. Help your child plant them in a paper cup and place it on the windowsill. Water and see if they grow.
- 7. Use math to give your child instructions. For example, ask him to pick up $3 + 2 + 1$ toys.
- 8. Have your child put a leafy stalk of celery into colored water. Watch the color rise into the stalk over the next week.
- 9. Ask a librarian to recommend some award-winning books.
- 10. Bake cookies with your child. If you're doubling a recipe, have your child do the math.
- 11. Trace around your child on a big piece of paper. Have her research and draw what her insides look like.
- 12. Ask your child to estimate how many times he blinks in a minute. Then, check to see!
- 13. With your child, think of examples of *onomatopoeia* (words that sound like what they mean), such as *buzz*, *smash*, *hiss* and *thump*.
- 14. Talk with your child about healthy ways to handle stress.
- 15. Teach your child to make paper snowflakes. Decorate your windows.
- 16. Spend some one-on-one time with your child today.
- 17. Enjoy some physical activity as a family.
- 18. Assign a letter to each day of the week. With your child, plan daily menus featuring foods that start with that day's letter.
- 19. Pay your child a specific compliment today.
- 20. Ask your child to measure the dimensions of objects in your home.
- 21. Tonight is the longest night of the year. Give everyone in the family a flashlight so they can read in bed.
- 22. Do a craft project with your child. Perhaps she can give it as a gift.
- 23. Ask your child to help you make dinner.
- 24. Read a book that you and your child can both enjoy.
- 25. Have your child talk to older relatives about their childhood days.
- 26. Talk to your child about the importance of writing thank-you notes.
- 27. Encourage your child to talk with a student who is home from college about what college is like.
- 28. Play Concentration together using math flash cards. Problems with the same answer (9×2 , $15 + 3$) make a pair.
- 29. Help your child write and mail a letter to a friend.
- 30. Notice trees with your child. Which are *evergreen*? Which are *deciduous* (trees that shed their leaves)?
- 31. Help your child make a timeline of the past year.

Helping Children Learn
TIPS Families Can Use to Help Children Do Better in School

