

# Daily Learning Planner

*Ideas parents can use to help children  
do well in school*

Transylvania County Schools  
Title I Program



THE  
**PARENT**  
INSTITUTE®

## January 2018

## Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. With your child, read the label on a food your family eats. How much nutrition does it provide? How much sugar is in it?
- 2. Make a list of favorite activities you did with your child last year. Schedule time on the calendar to do some again this year.
- 3. Talk with your child about things we get from plants (food, clothing).
- 4. Pick a category, such as vehicles. Let your child pick a letter. How many items in the category can you each name that begin with that letter?
- 5. Make a chore chart with your child. List chores he's responsible for and when they should be completed.
- 6. Put an assortment of objects on a tray. Have your child look at them, then close her eyes and name as many as she can remember.
- 7. Hold a family meeting. Discuss everyone's goals and achievements.
- 8. Help your child find fractions in the newspaper. Which sections have the most fractions?
- 9. Have your family try eating with chopsticks tonight.
- 10. Post a new vocabulary word and its definition on the bathroom mirror your child uses. Change it every three or four days.
- 11. How many farm animals can your child name?
- 12. Ask your child what he thinks he is good at and why.
- 13. What skill would you and your child like to learn? Check out a how-to book or video.
- 14. Have your child alphabetize things, such as books or spices.
- 15. Ask your child to close her eyes and describe sounds that she hears.
- 16. Avoid overscheduling. Kids need downtime to think, imagine and play.
- 17. After dinner, have a family sing-along. Ask family members to share their favorite songs.
- 18. Ask your child what he would do if he were invisible for a day.
- 19. It's National Soup Month. Make soup with your child—and enjoy the book *Stone Soup* together.
- 20. Ask your child to help you organize something, such as a closet.
- 21. Challenge your child to invent a delicious drink, such as "banana hot chocolate."
- 22. Have your child pretend to be "Mayor for a Day." Brainstorm ideas to make your community a better place.
- 23. Ask your child to read to you while you cook.
- 24. Start a sentence-a-day story in a special notebook. Have your child add one sentence each day.
- 25. Hunt for treasure. Make a map that will lead your child to a small treat.
- 26. Check in the newspaper or online to see if there's a nearby place you and your child can go skating.
- 27. Teach your child how to take her pulse. Have her jump up and down 15 times and take it again. Has it changed?
- 28. Do a crossword puzzle together. It's a great way to learn new words.
- 29. Suggest that your child write a letter to his favorite living author.
- 30. At the store, have your child figure how much tax you will be charged.
- 31. Watch a nature program on TV together.

**Helping Children Learn**  
TIPS Families Can Use to Help Children Do Better in School

